

THE RECOVERY SPOTLIGHT

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New Somersworth diner offers a 'fair chance' for workers in addiction recovery



Fold'd Community Diner in Somersworth's food comes along with a larger social mission. Local nonprofit SOS Recovery opened the restaurant earlier this month, with a goal of providing job opportunities for people in recovery from addiction or who were previously incarcerated.



New Study on Stigmatizing Imagery for Substance Use Disorders Released



A new Addiction Policy Forum-led study explores stigmatizing and non-stigmatizing imagery for substance use disorders (SUD) and criminal justice contact.

The qualitative study of people with lived experience with SUD identified stigmatizing images of substance use and criminal justice settings, along with alternative images to utilize.

Researchers found that certain images were identified by individuals as not only stigmatizing but triggering, making individuals reactive and think of using again (i.e., relapse).

“MY FAVORITE SIX WORDS IN RECOVERY ARE: TRUST GOD, CLEAN HOUSE, AND HELP OTHERS.”



Matthew Perry

**NATIONAL OVERDOSE
RESPONSE LINE
NEVER USE ALONE**



Meeting people where they are, on the other end of the line, one human connection at a time. No judgment. No Shaming, No Preaching, Just Love!

Six Tips for Staying Sober over the Holidays



When you are in recovery, the stress and festivities of the holidays can present an additional challenge to staying sober. your recovery, and your peace of mind.

The truth is whether you are newly sober, years into your recovery, or simply choosing to abstain from drinking alcohol this holiday season, navigating sobriety during a time when having a celebratory drink is commonplace has its challenges.

**MY GIFT
TO THE WORLD
THIS HOLIDAY
SEASON IS MY**



thewatershedtexas.com

Legislation to Strengthen Health and Homeless Services Coordination

WASHINGTON, D.C. – Today, U.S. Senators Alex Padilla (D-Calif.) and Edward J. Markey (D-Mass.) introduced legislation to help people experiencing homelessness and behavioral health issues, including substance use disorder, receive coordinated support services. Specifically, the Homelessness and Behavioral Health Care Coordination Act of 2023 would authorize a grant program to better coordinate health and homelessness services.

