

# SFY2022 – SFY2023 EVALUATION SUMMARY: LARGE RCOs



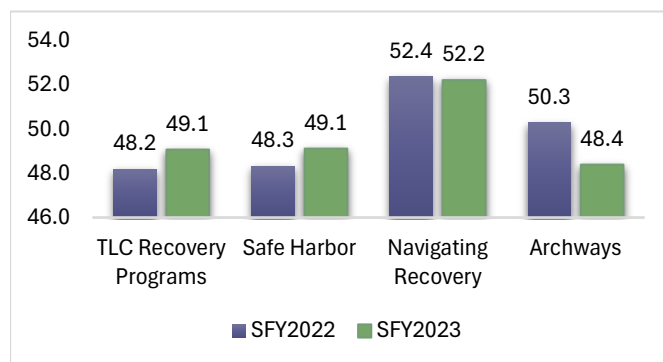
## EVALUATION PURPOSE

- An initial evaluation of state-funded peer recovery support services (PRSS) was conducted using data from SFY2021. Results from those analyses served as a baseline for future evaluations and indicated that PRSS and other activities facilitated by the RCOs were effective in increasing recovery capital.
- Analyses showed that the most common PRSS associated with increased recovery capital include the following:
  - Attending a higher number of total meetings
  - Attending a higher number of prosocial activities
  - Attending a higher number of advocacy activities
  - Completing recovery plan goals
- After the initial evaluation, a set of recommendations was implemented by BDAS and the FO. These recommendations aimed to improve data collection processes and increase BARC-10 completion rates. The RCO directors were also tasked with encouraging participants to attend more meetings, prosocial activities, and advocacy activities.
- The goal of this report is to compare SFY2022 and SFY2023 data and to determine if key metrics identified in the SFY2021 evaluation are still associated with increased recovery capital and to summarize differences in key metrics after the implementation of SFY2021 recommendations.
- To accurately compare key metrics at each RCO, the RCOs have been aggregated into four categories (small, medium, large, and extra-large) based on the average number of unique (i.e., unduplicated) participants at each RCO. This report shows a comparison of large RCOs, which have an average between 101 to 300 participants for each SFY.

## BARC-10 ANALYSIS

- **Figure 1** shows the average BARC-10 scores for each of the four large RCOs by year.
- Both TLC Recovery Programs (0.9 points) and Safe Harbor Recovery Center (0.8 points) had increased average BARC-10 scores from SFY2022 to SFY2023.
- Both Archways and Navigating Recovery of the Lakes Region had decreased BARC-10 scores. However, it should be noted that the

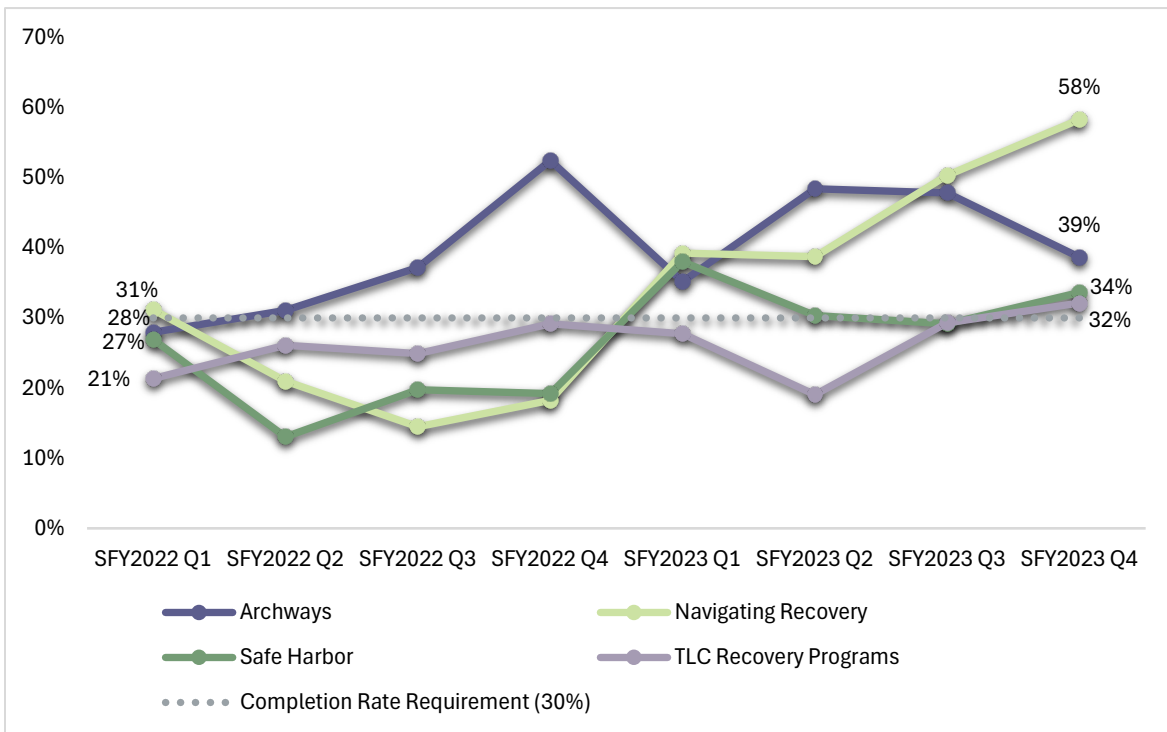
**Figure 1.** Average BARC-10 scores by year, SFY2022–SFY2023



decrease in scores at Navigating Recovery of the Lakes Region was only 0.2 points. Archways had an average decrease of 1.9 points.

- Beginning in January 2023, the FO implemented a contractual requirement for all RCOs which required a monthly BARC-10 completion rate of at least 30%. **Figure 2** shows the BARC-10 completion rates by quarter for each of the large RCOs.
- After SFY2022 Q1, Archways exceeded the required completion rate (30%) during every subsequent quarter.
- During each quarter of SFY2023, Navigating Lakes of the Recovery had a BARC-10 completion rate of at least 39%. In the previous SFY, the BARC-10 completion rate was only above 30% during Q1.
- Safe Harbor Recovery Center only met the required completion rate (30%) in SFY2023 Q1, Q2, and Q4, though they nearly met it in Q3 (29%).
- TLC Recovery Programs only met the required completion rate (30%) in SFY2023 Q4.

**Figure 2.** BARC-10 completion rates by quarter, SFY2022 – SFY2023



## PEER RECOVERY SUPPORT SERVICES

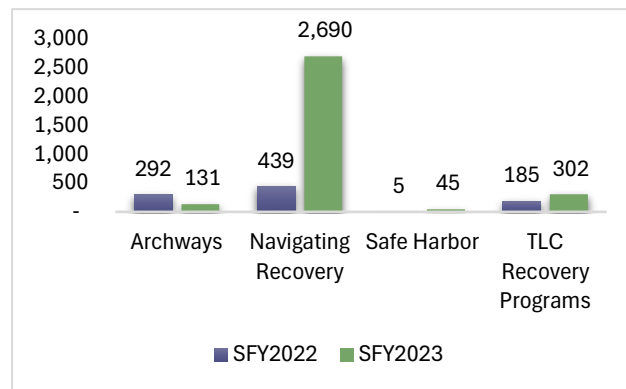
- Analyses indicate that increased attendance and active participation in PRSS are the two most important PRSS associated with increasing recovery capital.
- The following PRSS were most commonly associated with increased recovery capital:
  - Attending an increased number of total meetings, prosocial meetings, educational meetings, and advocacy meetings
  - Having an increased number of completed and active recovery plan goals

## COMPARISON OF ACTIVITIES FROM SFY2022 TO SFY2023

### PROSOCIAL ACTIVITIES

- Three of the large RCOs provided an increased number of prosocial activities from SFY2022 to SFY2023 (**Figure 3**). Specifically, Navigating Recovery of the Lakes Region increased the number of prosocial meetings by 512.8% from SFY2022 to SFY2023.
- Archways was the only large RCO that did not provide an increased number of prosocial activities from SFY2022 to SFY2023 (55.1% decrease).

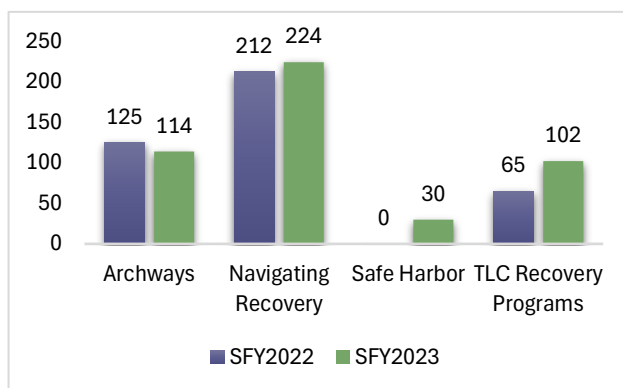
**Figure 3.** Total prosocial activities provided by large RCOs



### ADVOCACY ACTIVITIES

- Archways was the only large sized RCO that did not provide an increased number of advocacy activities from SFY2022 to SFY2023. However, the number of advocacy activities provided by Archways only decreased by 11 (**Figure 4**).

**Figure 4.** Total advocacy activities provided by large RCOs



- In SFY2022, Safe Harbor Recovery Center did not provide any advocacy activities. In SFY2023, they provided 30.

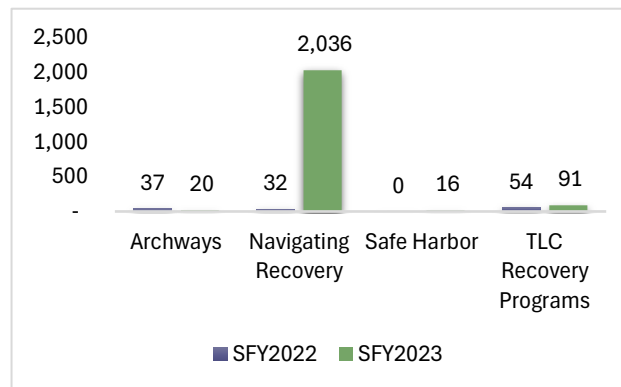
- TLC Recovery Programs had a 56.9% increase in the number of advocacy activities provided from SFY2022 (n=65) to SFY2023 (n=102).

### EDUCATIONAL ACTIVITIES

- Archways was the only large-sized RCO that did not provide an increased number of educational activities from SFY2022 to SFY2023 (**Figure 5**).

- There was a 6,262.5% increase in the number of educational activities provided by Navigating Recovery of the Lakes Region from SFY2022 (n=32) to SFY2023 (n=2,036). Of all RCOs, this is the second largest percentage increase in number of educational activities provided from SFY2022 to SFY2023.

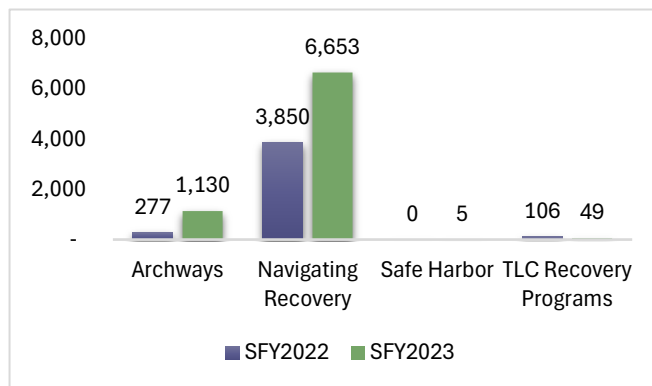
**Figure 5.** Total educational activities provided by large RCOs



## RECOVERY PLAN GOALS

- Among large RCOs, Archways and Navigating Recovery of the Lakes Region both showed substantial increases in the number of completed recovery plan goals from SFY2022 to SFY2023 (Figure 6).

**Figure 6.** Total completed goals by participants at large RCOs



Center increased slightly from SFY2022 (n=0) to SFY2023 (n=5).

- The number of completed recovery plan goals by participants at TLC Recovery Programs decreased from SFY2022 (n=106) to SFY2023 (n=49), resulting in a decrease of 53.8%. Furthermore, compared to the total number of participants at TLC Recovery Programs, in SFY2022, participants completed an average of 0.6 recovery plan goals each, whereas participants completed an average 0.2 recovery plan goals each in SFY2023.

- In SFY2023, participants at Archways completed an average of four recovery plan goals each, compared to less than one goal each (0.9) in SFY2022.
- At Navigating Recovery of the Lakes Region, the average number of completed goals per participant doubled from SFY2022 (n=14.5) to SFY2023 (n=28.0). In total, participants at Navigating Recovery of the Lakes Region completed nearly 7,000 goals in SFY2023.
- The number of completed recovery plan goals by participants at Safe Harbor Recovery