

# SFY2022 – SFY2023 EVALUATION SUMMARY: MEDIUM RCOs



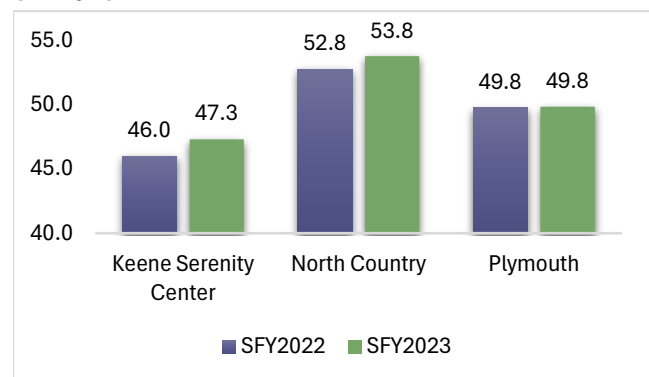
## EVALUATION PURPOSE

- An initial evaluation of state-funded peer recovery support services (PRSS) was conducted using data from SFY2021. Results from those analyses served as a baseline for future evaluations and indicated that PRSS and other activities facilitated by the RCOs were effective in increasing recovery capital.
- Analyses showed that the most common PRSS associated with increased recovery capital include the following:
  - Attending a higher number of total meetings
  - Attending a higher number of prosocial activities
  - Attending a higher number of advocacy activities
  - Completing recovery plan goals
- After the initial evaluation, a set of recommendations was implemented by BDAS and the FO. These recommendations aimed to improve data collection processes and increase BARC-10 completion rates. The RCO directors were also tasked with encouraging participants to attend more meetings, prosocial activities, and advocacy activities.
- The goal of this report is to compare SFY2022 and SFY2023 data and to determine if key metrics identified in the SFY2021 evaluation are still associated with increased recovery capital and to summarize differences in key metrics after the implementation of SFY2021 recommendations.
- To accurately compare key metrics at each RCO, the RCOs have been aggregated into four categories (small, medium, large, and extra-large) based on the average number of unique (i.e., unduplicated) participants at each RCO. This report shows a comparison of medium RCOs, which have an average between 50 to 100 participants for each SFY.

## BARC-10 ANALYSIS

- **Figure 1** shows the average BARC-10 scores for each of the three medium RCOs by year.
- Keene Serenity Center had the fourth highest increase (1.3 points) in average BARC-10 scores from SFY2022 to SFY2023. Average BARC-10 scores at North Country Serenity Center increased by one point. Average BARC-10 scores at Plymouth Area Recovery Connection did not change.
- Beginning in January 2023, the FO implemented a contractual requirement for all RCOs which

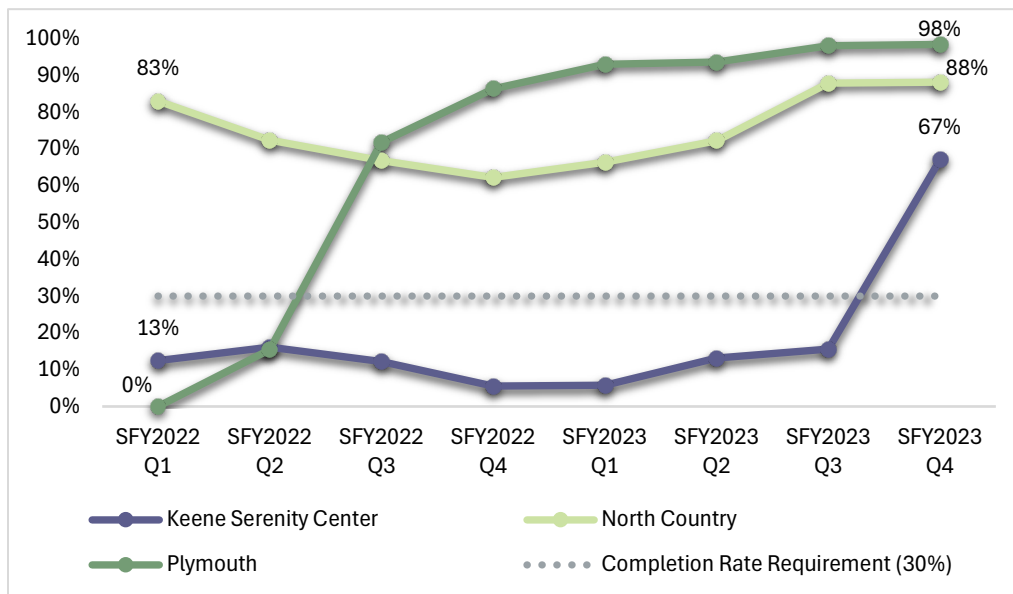
**Figure 1.** Average BARC-10 scores by year, SFY2022–SFY2023



required a monthly BARC-10 completion rate of at least 30%. **Figure 2** shows the BARC-10 completion rates by quarter for each of the medium RCOs.

- Keene Serenity Center only met the required completion rate (30%) in SFY2023 Q4.
- North Country Serenity Center exceeded the required completion rate (30%) during every quarter and reached a high of 88% in SFY2023 Q4 and Q4.
- Plymouth Area Recovery Connections (now doing business as Archways Plymouth) has consistently exceeded the BARC-10 completion rate requirement since Q2 of SFY2022. In SFY2022 Q1, their BARC-10 completion rate was 0%. During SFY2023, their completion rates were nearly 100% during each quarter.
- North Country Serenity Center and Plymouth Area Recovery Connections consistently had the highest BARC-10 completion rates of any of the RCOs, regardless of size.

**Figure 2.** BARC-10 completion rates by quarter, SFY2022 – SFY2023



## PEER RECOVERY SUPPORT SERVICES

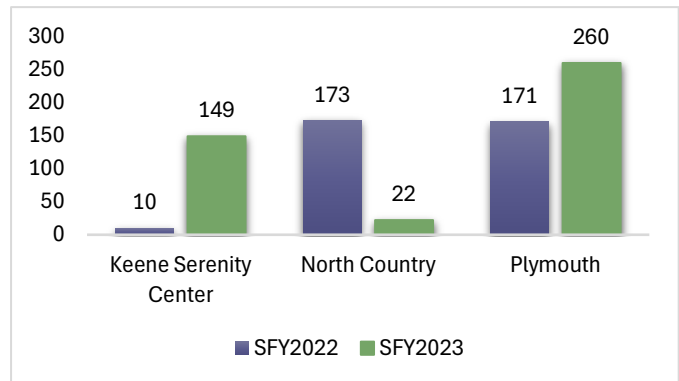
- Analyses indicate that increased attendance and active participation in PRSS are the two most important PRSS associated with increasing recovery capital.
- The following PRSS were most commonly associated with increased recovery capital:
  - Attending an increased number of total meetings, prosocial meetings, educational meetings, and advocacy meetings
  - Having an increased number of completed and active recovery plan goals

## COMPARISON OF ACTIVITIES FROM SFY2022 TO SFY2023

### PROSOCIAL ACTIVITIES

- Of the medium-sized RCOs, both Keene Serenity Center and Plymouth Area Recovery Connection increased the total number of prosocial activities provided from SFY2022 to SFY2023. However, the number of prosocial activities provided by North Country Serenity Center decreased from 173 to 22, which is an 87.3% decrease. It is unclear why there was such a dramatic decrease (**Figure 3**).

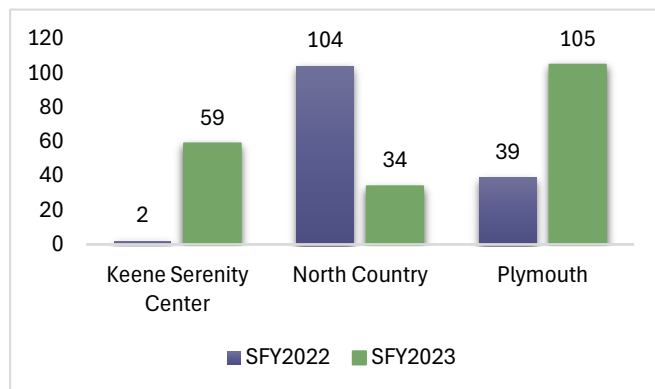
**Figure 3.** Total prosocial activities provided by medium RCOs



### ADVOCACY ACTIVITIES

- Both Keene Serenity Center and Plymouth Area Recovery Connection provided an increased number of advocacy activities from SFY2022 to SFY2023.

**Figure 4.** Total advocacy activities provided by medium RCOs



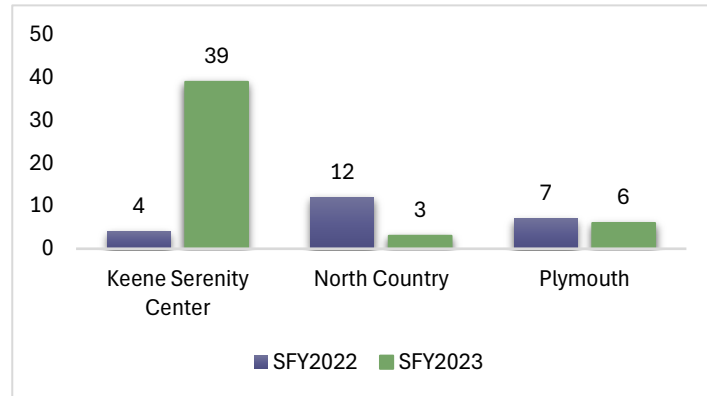
- North Country Serenity Center provided 104 advocacy activities in SFY2022 and 34 in SFY2023, which is a 67.3% decrease (**Figure 4**).

### EDUCATIONAL ACTIVITIES

- Keene Serenity Center was the only medium sized RCO that provided an increased number of educational activities from SFY2022 to SFY2023. In SFY2022, they provided four educational activities, and in SFY2023, they provided 39. This is an 875.0% increase (**Figure 5**).

- In SFY2022, North Country Serenity Center provided 12 educational activities. They provided three in SFY2023, which is a 75.0% decrease. Plymouth Area Recovery Connection had a 14.3% decrease from SFY2022 (n=7) to SFY2023 (n=6).

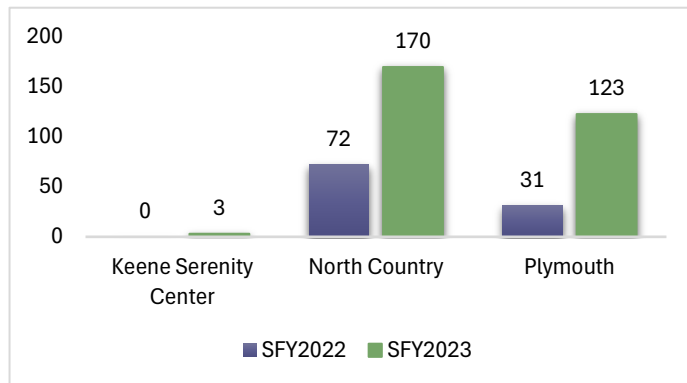
**Figure 5.** Total educational activities provided by medium RCOs



### RECOVERY PLAN GOALS

- All three of the medium-sized RCOs showed increases in the number of completed recovery plan goals from SFY2022 to SFY2023. Both North Country Serenity Center and Plymouth Area Recovery Connection showed substantial increases (**Figure 6**).

**Figure 6.** Total completed goals by participants at medium RCOs



- In SFY2023, participants at North Country Serenity completed an average of 2.2 goals each compared to 0.7 completed goals in SFY2022.
- Similarly, in SFY2023, participants at Plymouth Area Recovery Connection completed an average of 1.9 goals each compared to 0.6 completed goals in SFY2022.