

SFY2022 – SFY2023 EVALUATION SUMMARY: SMALL RCOs



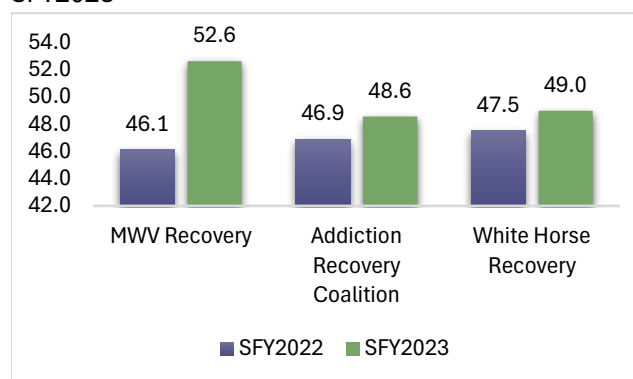
EVALUATION PURPOSE

- An initial evaluation of state-funded peer recovery support services (PRSS) was conducted using data from SFY2021. Results from those analyses served as a baseline for future evaluations and indicated that PRSS and other activities facilitated by the RCOs were effective in increasing recovery capital.
- Analyses showed that the most common PRSS associated with increased recovery capital include the following:
 - Attending a higher number of total meetings
 - Attending a higher number of prosocial activities
 - Attending a higher number of advocacy activities
 - Completing recovery plan goals
- After the initial evaluation, a set of recommendations was implemented by BDAS and the FO. These recommendations aimed to improve data collection processes and increase BARC-10 completion rates. The RCO directors were also tasked with encouraging participants to attend more meetings, prosocial activities, and advocacy activities.
- The goal of this report is to compare SFY2022 and SFY2023 data and to determine if key metrics identified in the SFY2021 evaluation are still associated with increased recovery capital and to summarize differences in key metrics after the implementation of SFY2021 recommendations.
- To accurately compare key metrics at each RCO, the RCOs have been aggregated into four categories (small, medium, large, and extra-large) based on the average number of unique (i.e., unduplicated) participants at each RCO. This report shows a comparison of small RCOs, which have an average of less than 50 participants for each SFY.

BARC-10 ANALYSIS

- From SFY2022 to SFY2023, the small RCOs had the three highest average increases in BARC-10 scores of all RCOs (Figure 1).
- Mount Washington Valley Recovery Coalition had the highest average increase in BARC-10 scores (6.5 points). Average BARC-10 scores at Addiction Recovery Coalition of New Hampshire and White Horse Recovery Center

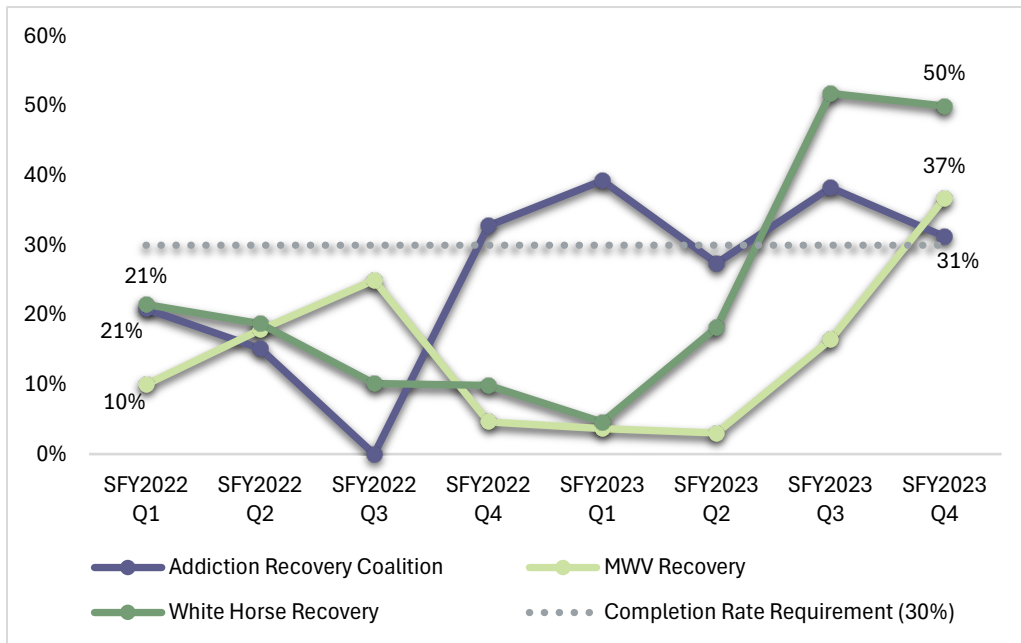
Figure 1. Average BARC-10 scores by year, SFY2022–SFY2023



increased by 1.7 points and 1.5 points, respectively.

- Beginning in January 2023, the FO implemented a contractual requirement for all RCOs which required a monthly BARC-10 completion rate of at least 30%. **Figure 2** shows the BARC-10 completion rates by quarter for each of the small RCOs.
- From SFY2022 Q1 to SFY2022 Q3, Addiction Recovery Coalition of New Hampshire had a maximum completion rate of 21%. In SFY2022 Q4, BARC-10 completion rates increased exponentially and exceeded the required completion rate (30%) in all but one of the subsequent quarters.
- Until SFY2023 Q4, Mount Washington Valley Recovery Coalition did not meet the required BARC-10 completion rate (30%). However, from SFY2023 Q2 to SFY2023 Q4, Mount Washington Valley Recovery Coalition increased the BARC-10 completion rate from just 3% to 37%.
- Similarly, White Horse Recovery Center struggled to meet the required completion rate (30%) until the end of the evaluation period. In SFY2023 Q3 and SFY2023 Q4, however, the BARC-10 completion rate exceeded the requirement and reached a high of 52% in Q3. This is the highest BARC-10 completion rate across all quarters of all the small RCOs.

Figure 2. BARC-10 completion rates by quarter, SFY2022 – SFY2023



PEER RECOVERY SUPPORT SERVICES

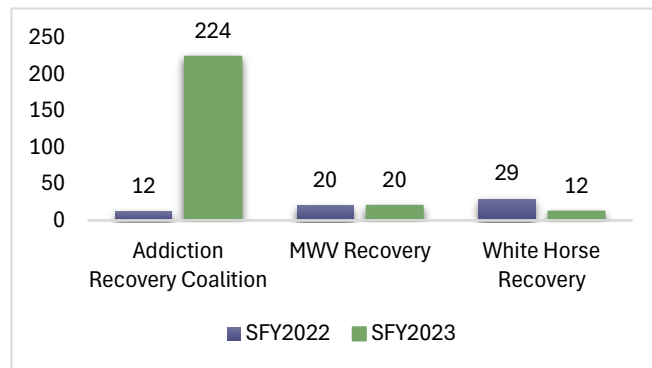
- Analyses indicate that increased attendance and active participation in PRSS are the two most important PRSS associated with increasing recovery capital.
- The following PRSS were most commonly associated with increased recovery capital:
 - Attending an increased number of total meetings, prosocial meetings, educational meetings, and advocacy meetings
 - Having an increased number of completed and active recovery plan goals

COMPARISON OF ACTIVITIES FROM SFY2022 TO SFY2023

PROSOCIAL ACTIVITIES

- Of the small RCOs, Addiction Recovery Coalition of New Hampshire increased the number of prosocial activities provided from 12 activities in SFY2022 to 224 activities in SFY2023. This is a 1,766.67% increase in one year (**Figure 3**).
- The number of prosocial activities provided by Mount Washington Valley Supports Recovery did not change from SFY2022 to SFY2023.
- The number of prosocial activities provided by White Horse Recovery Center decreased from SFY2022 (n=29) to SFY2023 (n=12), resulting in a 58.6% decrease.

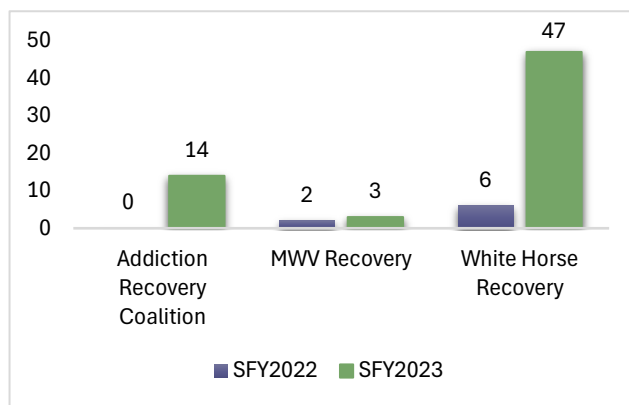
Figure 3. Total prosocial activities provided by small RCOs



ADVOCACY ACTIVITIES

- All three of the small RCOs provided an increased number of advocacy activities from SFY2022 to SFY2023 (**Figure 4**). White Horse Recovery Center provided 47 advocacy activities in SFY2023, which is a 683.3% increase from SFY2022

Figure 4. Total advocacy activities provided by small RCOs



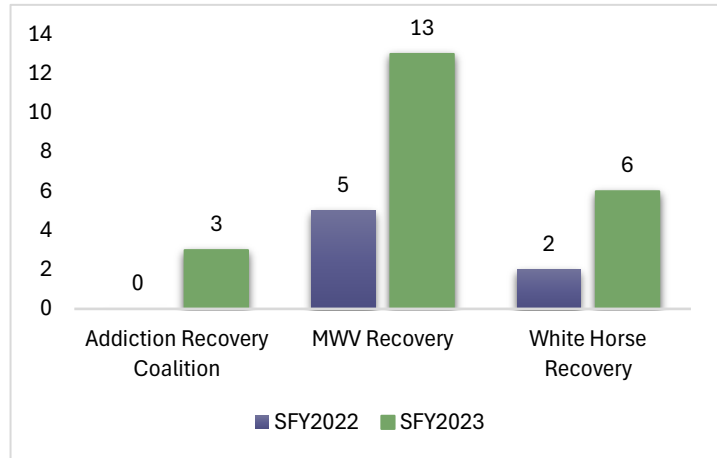
(n=6). This was the largest increase of all small RCOs.

- Addiction Recovery Coalition of New Hampshire did not provide any advocacy activities in SFY2022. They provided 14 in SFY2023.
- Mount Washington Valley Recovery Coalition provided a 50% increase in advocacy activities from SFY2022 (n=2) to SFY2023 (n=3).

EDUCATIONAL ACTIVITIES

- All three of the small RCOs provided an increased number of educational activities from SFY2022 to SFY2023 (**Figure 5**).
- In SFY2022, Addiction Recovery Coalition of New Hampshire did not provide any educational activities. They provided three educational activities in SFY2023. Mount Washington Valley Recovery Coalition had a 160% increase in the number of educational activities provided from SFY2022 (n=5) to SFY2023 (n=13). Similarly, White Horse Recovery Center had a 200% increase from SFY2022 (n=2) to SFY2023 (n=6).

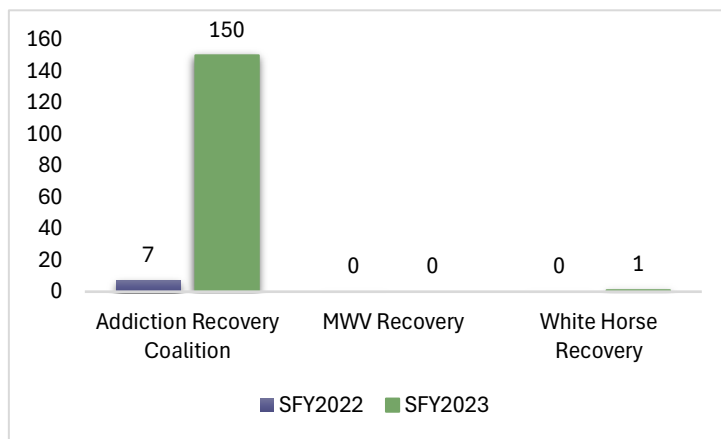
Figure 5. Total educational activities provided by small RCOs



RECOVERY PLAN GOALS

- Of the three small RCOs, participants at Addiction Recovery Coalition of New Hampshire had a substantial increase in completed recovery plan goals from SFY2022 to SFY2023. In SFY2023, participants completed an average of 2.8 goals each (**Figure 6**).

Figure 6. Total completed goals by participants at small RCOs



- In both SFY2022 and SFY2023, Mount Washington Valley Recovery Coalition reported that no participants completed recovery plan goals. Similarly, White Horse Recovery Center reported that no participants completed recovery plan goals in SFY2022, and one participant completed a goal in SFY2023.
- Since participants are not required to complete recovery plan goals, both Mount Washington Valley Recovery Coalition and White Horse Recovery Center might not enter this data into RecoveryLink™.